

33 ADJUSTMENTS (to be completed in 8 months)

Master C.V.V Namaskaram
Guptha Bahistasthya

33 Adjustments (the 4 types of Adjustments given below should be completed at the rate of 100 per 3 days i.e. 33 Adjustments for 2 days and 34 Adjustments on the 3rd day [2×33=66+34=100 per every 3 days] if this is done then "1000" per month, "2000" adjustments per 2 months - will be completed. it takes 8 months to complete four types of Adjustments.

1. MASTER ADJUSTMENT
2. MASTER'S OWN ADJUSTMENT
3. MASTER'S ADJUSTMENTS
4. MASTER'S OWN ADJUSTMENTS

The beginning of every "1000" Adjustments bow down to the master and pray that - you are beginning first "1000" and 2nd "1000" Adjustments and pray to be blessed. Then the following should be said:

MASTER!

1. "Pray make me get for my share that deposit of the workings of one thousand adjustments per minute, out of MASTER'S OWN ADJUSTMENTS"
MASTER NAMASKARAM
2. (Temporary Adjustment / T.A)
"Highest route below the models peculiarity hind Comet foot vertical signs, fan airs."

[Note: After the completion of first thousand adjustments before starting of second thousand adjustments the Temporary Adjustment (T.A.) has to be done. also T.A. has to be done after the completion of second thousand adjustments.

MASTER NAMASKARAM

MERIDIAN (To do Everyday) 12 Noon & Midnight (12 AM // Zero Hours)

Invocation: Meridian regulation adjustment in Master's regulation.
Highest fundamental works form of sent. Direct instrument develop the sent.

1. **Noon Prayer : (12 noon)**
Sun period sudden of work, sometimes serving falls signs of knowledge, Something surrounding fixed Figures form.
Master Namaskaram
2. **Midnight Prayer (12:00 AM // Zero Hours):**
Sun Sudden serving bid breach Building build up, fixed figures Feeling, sensory columns of Throws.
Master Namaskaram

COOLING NAMES PRACTICE

Master C.V.V Namaskaram
Master Adjustments

1. To cooled outer distribution ice mix, occult distribution all Intestines of liver hiddens all master distribution
2. To bodily develop 25 years to the adjust remediation bombs
3. Coolden waking activity in trouble false tenderable ris-rorsia actions.
4. Coolden Indome activity High Drop, condensed spiritual marble Squares
5. Higher progress dynamo liquid to condensed spiritual progress.
6. To Burst filler bombs.
7. Attenderly calling bell to part, while attending swas ten bid liquid or gassage to birth contravelling typical course.
(to get sleep and rest)
8. Inner building dynamo keeping physical good.
9. Heroism in knowledge
10. To halt in speed demolish conscience of energy.

MASTER NAMASKARAM

12000 ADJUSTMENTS

12 Thousand Adjustments to be made for 4 months practice

"Master's Own Adjustments in Master's Regulations"

INSTRUCTION: Practice 100 times per day divided into **FIVE SETS** and complete four months. Necessary instructions in this regard should be obtained from yoga centre.

TO DO AT NIGHT BEFORE BED

GENTS:- Superior manufactured Mercury (3 times repeat - only night)
LADIES:- Superior sulphur working. (3 times repeat - only night)

MASTER NAMASKARAM

TREATMENT PRAYER

MASTER NAMASKARAM

Thou the great first cause, please focus full
Thy healing and moulding forces and the process of the
Cosmos and of the new direct line on our systems and fit up
us to become independent and manifest swiftly the true, the beautiful,
the eternal, the immortal, the pure merry life rupams swiftly.

key frame good.

Master's adjustment

Master Namaskaram

PRAYER CARD

ENGLISH

MASTER C.V.V. NAMASKARAM



The primary object of doing practice is to Rectify and develop the Physical system, to discover the almighty and root cause for the whole creation in this life.

- Master C.V.V.
28.01.1915

Please make me fit to realise brahman and attain independency in this life. Please rectify and develop all my systems.

MASTER C.V.V. SATYA YOGA SADHAKA TRUST

111, Gnanadeep Tower, Near Malakpet RTA
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www.masterevv.net

GENERAL PRAYER (6am and 6pm)

Master C.V.V Namaskaram
Master C.V.V Namaskaram
Master C.V.V Namaskaram
Master's Adjustment, Gupta Bahistasthya
Prana treat - Yoga teach

Please Master make me/us fit to realize Brahman and Liberate me/us to attain independency in this life.

Please rectify and develop my system (all our systems)

Dip- deep axis	Ether workout
Arranged hours	Equator equal
Higher bridge beginning	Pituitary hint
Truth levels	Hiddens Circumference
Nil none not levels	Sideways
Normal temperament	Miller form
Time expand	Center vertical levels
Electric hint	Meet centers

Origin Plenty Centi Seventy five turn out immediate Hiddens respect last working evolution Energetic hopes.

* Master please link me / us to the influx of Plenty Parana according to the direct higher link to rectifying and developing my system (all our systems), resisting diseases, decay, death and to become independent in this life to lead pure merry life rupams swiftly.

Key frame good.

* Master please conferr / bestow BHRUKTA RAHITHA THARAKA RAJA YOGA (BRTRY) RESULT and uplift us.

We fittuping working under guidance plan master and C.V.V.
Master Namaskaram (close eyes and observe)

These * - marked verses can be practiced with / without combination in the General Prayer.

NEW MODEL BORINGS (To do on Sunday)

Practice 3 minutes, Rest 2 minutes
Master C.V.V Namaskaram
Guptha Bahistasthya

1. To hit it memorandum new Generate carriage
2. Pituitary lac of sensation of Ambrose
3. Throw and the fitting root and the analyze
4. Ambrose sensation war groups jesters telescope
5. Recoup previous chronic Sensation violate ulnas
6. Pituitary previous sroths and the Sroths jaggery fitting jesters
7. Lacks of kundalnies moulders to featers physical etheric jaggery rectification recurring flowers

From MOON REGULATIONS (To do on Monday)

Practice 3 Minutes
Master C.V.V Namaskaram
Guptha Bahistasthya

Sympathetic pillars C.V.V prayers economical latent conscience all problems
C.V.V ideas swiftly plenty of man forms eternal life prepared piston working

breath in regulate burested destroy cage come to corresponds. Halland dreams divide good-dome divisions of whole world original thoughts wonderful hopes failure doubt dimension develop doubt working diamond M.T.A recurring throws.

Master Namaskaram (close eyes and observe)

SEVEN ADJUSTMENTS (To do on Tuesday)

Practice 3 Minutes, Rest 2 Minutes
Master C.V.V Namaskaram
Guptha Bahistasthya

1. New model Master's Adjustments in Master's Regulations
2. New model Memoria new model Pituitary regulation adjustment in Master's Regulations
(Following 3, 4 & 5 names are to be practiced in standing posture)
3. New model Chronic Disease Rectification adjustment in Master's Regulations
4. New model Vigor Supply adjustment in Master's Regulations
5. New model temporary Astral Separation adjustment in Master's Regulations
6. New model Breathing, Boring Chemical change adjustment in Master's Regulations
- also -
New model Breathing Boring Chemical fitting regulation adjustment in Master's Regulations
7. New model Memoria Sight adjustment in Master's Regulations
- also -
Master's Memoria Sight adjustment
(For system observation)

SIGHT ADJUSTMENTS (To do on Wednesday)

Master C.V.V Namaskaram
Guptha Bahistasthya

1. Versia Sight opening - new model Versia Sight adjustment in Master's Regulation
2. Ego Stone Sight opening - new model Ego Stone Sight adjustment in Master's Regulation
3. Philonia Sight opening - new model Philonia Sight adjustment in Master's Regulation
4. Visibtra Sight opening - new model Visibtra Sight adjustment in Master's Regulation
5. Heliwarz Sight opening - new model Heliwarz Sight adjustment in Master's Regulation
6. Hinting Bore Sight opening - new model Hinting Bore Sight adjustment in Master's Regulation
7. Memoria Sight opening - new model Memoria Sight adjustment in Master's Regulation
8. Astral Sight opening - new model Astral Sight adjustment in Master's Regulation
9. New model Versia Sight adjustment to off optic turned semi connected opened door

--Master Namaskaram--

PITUITARY NAMES (To do on Thursday)

Practice 3 minutes, Rest 2 minutes
Master C.V.V Namaskaram
Guptha Bahistasthya

1. "To delicate every all the moments Higher individual Novels."
2. "All bath mil of Doll Product Dynamo Project Crews of the moment recurring flowers Tube pituitary Decimal Horizontal flow."
3. "To obstacle all the root Pervade rolls by extension inject the Aura all the pituitary Combustable particle models (35) Thirty five days in root Progress."
4. "To Fire New Model pituitary filling to Lord Evolution bursted by births, inner lotus of the New Model Project (17) seventeen lacs Sroths in every Productions."
5. "New model inner pituitary selections, all memorandum dynamo for solid, liquid, Electric airs."

13 - PLANETARY FORCES (To do on Friday)

Practice 3 Minutes, Rest 2 minutes
Master C.V.V Namaskaram
Guptha Bahistasthya

- | | |
|--------------------------------|---|
| 1. Epithelial uallns | 8. Causes involving fainters |
| 2. Jaggery tyres | 9. Jestors |
| 3. Smalls | 10. Jestors branches |
| 4. Small quarters | 11. Firely cells |
| 5. Arbuckle quills | 12. Cells merchery |
| 6. Quill higher angle quarters | 13. Kundalani featers |
| 7. Shatters | (No. 13 kundalini shows horizontal working) |

NERVES ADJUSTMENTS (To do on Saturday)

30 days Practice, 10 minutes a.m. & p.m., Rest 10 minutes
Master C.V.V Namaskaram
Master's adjustments

We receive Prana by thy grace. Please enable us to bare any kind of pressure in our physical systems. For this, please develop all nerves in us. Please resist decay by the five kinds of kindling's of nerves and bless.

1. CALLING NERVES
2. CURRENT NERVES
3. CORRESPOND NERVES
4. CONNECTING NERVES
5. CONTINUED NERVES.

--Master Namaskaram--